



St. Paul's United Church of Christ
626 Williams Grove Road
Mechanicsburg, PA 17055
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OCTOBER 2022

AN OPEN AND AFFIRMING CONGREGATION OF THE UNITED CHURCH OF CHRIST.

The Epistle

is a monthly publication of St. Paul's UCC.

Comments, suggestions, and submissions are welcome!

Please wear a mask inside.

Live stream services on St. Paul's Facebook Page & YouTube Channel.

ST. PAUL'S UNITED CHURCH OF CHRIST STAFF

Pastor.....The Rev. John J. Ward-Diorio
Pastor/CE & Youth Director..... Allyssa A. Boyer
Administrative Assistant.....Renee E. Durbin
Director of Music.....Eric R. Dundore
Chorister' Director.....Jonneke A. Dundore
Assistant Music Director.....Mark A Dundore
Organist.....Sarah A Myers
Assistant Organist.....Patrice G. Miller
Audio & Video.....Jeffrey A. Dundore
Sexton.....Michael W. Hatz
Consistory President.....Sherry Spencer
Pastor Emeritus....The Rev. Dr. Thomas E. Herrold
Ministers.....The Entire Congregation of St. Paul's

Office Hours: Monday-Friday 9:00-4:00 ♦ Office email: stpaulstaff@outlook.com
Phone: 717-766-7931

Rev. John's email: revjohnwd@outlook.com

Allyssa's email: allyssaboyer@outlook.com

Eric's email: ericdundore@outlook.com

Web Address: www.saintpaulsucc-mech.org

FROM THE PASTOR

CONGRATULATIONS!!!

Pastor Allyssa Boyer has been called by St. Paul's United Church of Christ in Mechanicsburg, Pennsylvania to become our full-time Associate Pastor. Pastor Allyssa's Call was approved by an overwhelming vote during our recent Congregational Meeting on Sunday September 25. She is now eligible to be Ordained here. The next step is for the Mercersburg Association's Committee on Ministry to approve her Call Agreement. We have followed Penn Central Conference guidelines for this Call Agreement and are hopeful for approval when the Committee meets in the beginning of October. With that approval, we can begin planning an Ordination Service for Pastor Allyssa, which we hope to be able to do on Sunday November 27, 2022, at 3:00 PM. We will keep everyone updated as we proceed.



Congratulations are indeed in order for both Pastor Allyssa and for St. Paul's. We will be able to continue and expand upon the ministries we have been engaged in already. Our members, our community and beyond will benefit as we listen for how God Is Still Speaking to us and how together we are and can respond. Huzzah and Amen.

Peace, Rev. John

NEW MEMBERS

We will be receiving New Members into our Congregation on Sunday October 23 during Worship. If you are interested in becoming a New Member or have any questions about this, please contact Rev. John or Pastor Allyssa as soon as possible. If this date does not work for your schedule, let us know that too because we can schedule an additional date in the not-too-distant future. For existing Members, please be prepared to serve as a Sponsor since we have a number of new folks who will need one. It is a wonderful way to get to meet someone new.

"THERE'S A MEANNESS IN THIS WORLD"

Bruce Springsteen sings this line in his song "Nebraska." It is the response of a convicted mass murder when asked why he did what he did. I felt that the other day when I had stopped in the road because three dogs had run across. There was a woman out calling them back. There was a big gray pick-up coming the other way so I flashed my lights to warn him to slow down since it looked like the dogs might run back out. Instead, he revved his

engine and drove quickly by me, shouting "F _ _ _ those things!"

There is a meanness in this world, and it seems to be getting meaner and more widespread. Our upcoming election season potentially will make it even worse. Calls for violent responses to those who disagree with a particular point of view increase the danger.

Jesus' teachings to love our enemies, to love our neighbors as ourselves are in response to the meanness that exists in this world. We need to model that in our words and actions, even and maybe most especially when our instincts fill us with adrenaline, pushing us to respond to meanness by acting not with love and understanding, but anger and vengeance. Being a disciple is not easy. It is necessary.



Peace, Rev. John



GET TO KNOW ST. PAUL'S CONSISTORY!

In a continuing effort to get to know your Consistory, please let me introduce:

Chris Grice

My parents were members of St. Paul's UCC when I was born, so I have been here since my birth...which is a long time! I was baptized here and confirmed here. I lived out of state for several years following college, but when I came back to the area, I started coming again and I was married here. I was also part of the search committee that brought Rev John and his family to St. Paul's. While I started coming here due to my parents, I have stayed all of these years because I feel at home and welcome and I like the message of acceptance



of everyone that is lived out here. I have enjoyed watching my kids grow up here and feel the loving support of all of the members.

Term Started: 2021

Term Ending: 2024

Committee Liaison to: Mechanicsburg Learning Center

I like working with Consistory because I can see all of the work that goes into making decisions that affect the church. I enjoy being the liaison for the Mechanicsburg Learning Center because we talk through issues that arise regarding their use of the church. It allows me to understand some of the challenges they face as well as how we can assist in making their space better for the staff and the kids.

Church Calendar - The most up to date calendar is on the Church website. Help us keep it current by scheduling your events at the Church thru the Office at stpaulstaff@outlook.com or 717-766-7931. Thank you!



Dear Friends at St. Paul's UCC,

I wanted to thank you for the beautiful flowers that Joan Moyer dropped off! They lifted my spirits, and my granddaughter also loved them when she visited! And I appreciate all the prayers! Answered! My shoulder is doing great!

Peace, Deb Cashman.

Spotlight on Sacred Art

In this feature of our monthly epistle, we highlight symbols, emblems, and other aspects of our church's art and architecture, explain their meaning, and reveal a little about their history. This month, our spotlight is on our **communion ware**.

World Communion Sunday takes place on the first Sunday of every October. On World Communion Sunday, we are reminded that we are a part of the whole Body of Christ, a global community of faith. Holy Communion (also known as the Lord's Supper, and the Eucharist, from the Greek word for "thanksgiving") is one of two sacraments celebrated in the United Church of Christ. Because we believe the Holy Spirit is present during Holy Communion in a unique and special way, our communion vessels are designed with great care, and each has a specific name and purpose:

Chalice — the large cup or goblet into which the wine is poured. The chalice is also called the cup of blessing, the cup of the Lord, the common cup, and the communion cup.

Paten — the plate for the bread. Communion linens, embroidered with small red or white crosses, are used to cover the elements (the bread and wine) until the communion liturgy begins.

Flagon — the vessel used to pour wine into the chalice. It has a handle, spout, and lid.



(L-R) The paten with communion linen, chalice, and flagon currently in use at St. Paul's UCC.



Detail on the hammered pewter chalice: the face of Christ.

When our congregation shares communion in the pews, we use a set of wooden trays made specially for St. Paul's by two members, Charlie Diener and Ralph "Bud" Miller, in 1977. The trays were based on a design used at Albright United Methodist Church in Sunbury, PA. The doilies that lay on the bread trays were designed and crocheted by St. Paul's member Susie Walmer.



A crocheted bread doily for one of the wooden communion trays.

Are you curious to learn more about a particular symbol, artwork, or other feature? Let us know by contacting Pastor Allyssa or Rev. Anna Thompson. We would love to hear from you!



THOSE IN NEED OF PRAYER:

Addie (Stork-Whitson); Kevin & Karen Allison; Barb Bell; Joanne Bender; Cindy Bensel; Mary Bensel; Beverly (Hayden); Bill & Bob (Gabriel); George Bingaman; Barbara Blust; Melba Bomberger; Brendan and Family (Richey); Brian (Shearer); Jenny & Erica Budd (Lingenfelter); Anna & Dale Burns; Nancy Cabrera (Runkle); Jeff Carlson (P. Miller); Mario Chandler (Aumiller);

Charlyn and Family (P. Miller); Cheryl (Freeman); Ron Chronister; Alyssa Claar (A. Thompson); Pat Cleland; Mary Clark Coleman (Riesmeyer); Heather Connelly (Bomberger); John & Sheri Conner (Layne); Rita Davidson (Plymette); Evelyn Diorio; Dotty (Richey); Gail Dougherty (Ritter); Allen Dreibelbis ; Nancy Dreibelbis; Richard Ecks (Plymette); Harry Felton (Sponsler); Bob & Eve Fenner; David Fetterman (Aumiller); Jerry Foulke & Lynn Carson; Fenton Fox & Rick Holtzapple; Steven Freeman; Ron Gabriel; Lenny Gardner (Shearer); Jack and Jean Gatesman (Richey); Bill Gladstone (Aumiller); Floyd Gouse; Shirley Grammer; Harriet & Mark Grimm; Dr. Mark Hagenbuch (Bomberger); Jane Hall; Noah Helwig (Trout); Jim and Leslie Hoehn; Brenda Hoffer (Stork-Whitson); Michele Hughes (Murphy); Ingrid (Richey); Jane Leader Janeczek (Aumiller); Janie (Biss); Dan & Will Jones; Josh (Ritter); Julia (Fox/Holtzapple); Elaine Kansy (Hoehn); Martha & Gene Keith; Stephen Keith; Rev. Dr. Chris Kennedy (Ward-Diorio); Jesse King; Dave Kirkwood; Glenn Kline; Sandy Kline; Kristine and Family (Ward-Diorio); Audra Kucharick (Aumiller); Jean & John Layne; Debbie Lever (A. Thompson); Larry Linder (Stork-Whitson/Williams); Lori (Murphy); Luca; Taran M. (Taylor); Manny (Sharp); Marie (Murphy); Michael & Ernie (Richey); Michelle & Family (Mihmet); Charles Miller (Lloyd and Matthew's dad); Linda Miller; Melissa Miller (Bender); Sue & Dayne Miller; Tasha Misner (Trout); Ernie Moyer; Randy, Dar & Sarah Murphy; Beth Myers (Richey); Gene & Ruth Ellen Myers (Boyer); Susan Myers (A. Thompson); Nyugen, Thu (P. Boyer); Ryan Onufer & family (Grice); Jim & Mary P. (Rhoads); Paula Padget (P. Miller); Panker Family (Richey); Eric Potts (A. Boyer); Randy (Bender); Anne Rankin; Richard Reba (Richenbacher); Robert Reiner (Bender); Carol Rhoads; Jason & Rachelle Rhoads; Wes Rhoads & Family; Nancy, Tom & Dan Richey; Dave and Lois Ritter; Franklin, Andrew, Levi Roth; Rhoda & Ned Rupp; Betsy & Benny Rushong; Sam (Freeman); Jane & Tom Scott & Family; Scott & Tracey (Davinroy); John Shandra; Sharon and Family (Lingenfelter); Sherry (Short); Corky Short & Candy LaRue; Siemons Family (Wood); James Sowell (Sandy Kline); Barbara Sterner; Dory Szeles (Sterner); April Thomas (Bomberger); Cathy Thomas; Edward Thorn; Tracy Thrush Family; Tiberius (A. Thompson); Kathy (Wolford Witmer) Toth; Shannon & Phoenix Trout; Bill Utley (Boyer); Rosalie Utley (Boyer); Vickie (S. Miller); Suzy Weeks (Richey); Jean and David Weiss; Leita Wentz; Susie White; Doris & Luke Williams; Geri Williams (A. Thompson); Ryan Wilson (Bomberger); Chelsey Wirth; Fran Wolford; Mitchell Worley (Jones); Suzanne Worley (Jones); Kevin Young (A. Thompson); Russell Young (Rushong)

Do you have an update to the prayer list? Let us know in the church office.

**Thanks
for Your
Help!**

October 2022 Worship Leaders

TimeToSignUp.com - Online Sign Up Sheets

Sunday, October 2, 2022 10:30 A.M.	Sunday, October 9, 2022 10:30 A.M.	Sunday, October 16, 2022 10:30 A.M.	Sunday, October 23, 2022 10:30 A.M.	Sunday, October 30, 2022 10:30 A.M.
Acolyte	Acolyte	Acolyte	Acolyte	Acolyte
Lector John Layne	Lector Shirley Keith Knox	Lector Nancy Richey	Lector Kathy Aumiller	Lector Becky Thompson
Worship Welcome Team Member - Common's Table - Consistor Becky Thompson	Worship Welcome Team Member - Common's Table Bonnie Plymette	Worship Welcome Team Member - Common's Table	Worship Welcome Team Member - Common's Table	Worship Welcome Team Member - Common's Table Kim Pirtle
Worship Welcome Team Member - Electronic Door Sherry Spencer	Worship Welcome Team Member - Electronic Door Dave Grice	Worship Welcome Team Member - Electronic Door Sherry Spencer	Worship Welcome Team Member - Electronic Door	Worship Welcome Team Member - Electronic Door Joan Moyer
Welcome Team Member - Sanctuary Exterior Door - Consistory Steven Roush	Worship Welcome Team Member - Sanctuary Exterior Door Fenton Fox	Worship Welcome Team Member - Sanctuary Exterior Door Paula Boyer	Worship Welcome Team Member - Sanctuary Exterior Door Fenton Fox	Worship Welcome Team Member - Sanctuary Exterior Door Steven Roush
Altar Flower Delivery Jonneke Dundore	Altar Flower Delivery Joan Moyer	Altar Flower Delivery Nancy Richey	Altar Flower Delivery Carol Sizemore	Altar Flower Delivery Becky Thompson
Nursery Attendant Kim Pirtle	Nursery Attendant Bonnie Plymette	Nursery Attendant Sherry Spencer	Nursery Attendant Jonneke Dundore	Nursery Attendant Susan Ward-Diorio
Nursery Attendant Sherry Spencer	Nursery Attendant	Nursery Attendant	Nursery Attendant	Nursery Attendant
Counting Team Member Sherry Spencer	Counting Team Member Joan Moyer	Counting Team Member Sherry Spencer	Counting Team Member Fenton Fox	Counting Team Member Joan Moyer
Counting Team Member Steven Roush	Counting Team Member Fenton Fox	Counting Team Member	Counting Team Member	Counting Team Member Steven Roush



WANTED!!! ARTIFICIAL XMAS TREES!!!

Do you have an old artificial tree that you'd like to get rid of? Do you have more trees than you need this season and would allow us to borrow? We need artificial trees of all sizes to create a special winter wonderland in our sanctuary. Please let Jonne Dundore know if you can lend us or donate a tree this year. Thank you! (jonnekev@aol.com or 717-460-8303).

October Birthdays and Anniversaries

BIRTHDAYS

10/01 Kevin Rudisill	10/16 Gregory Knox
10/02 Dayne Miller	Jonneke Dundore
Ralph Kiner Jr	10/17 Connor Burns
10/04 Lauren Cashman	Laela O'Connell
10/05 Lily Ward-Diorio	Jonah Schiffgens-Smith
Rebecca Ward-Diorio	10/18 Anna Burns
10/06 Richard Amtower	Lora Eckert
10/07 Amy Paulus	10/19 Kevin MacKinnon
Steven Hall	Kathryn Jacobsen
Winifred Wentz	JoAnn Bender
Amy MacKinnon	Christine Brickman
10/08 Rebecca Scott	10/20 Vonny Eckman
10/11 Matthew Brown	Floyd Gouse Jr.
10/12 Cynthia Bense	10/22 Madison Sheaffer
10/13 Albert Huebner	David Simpson
10/14 Gregory Dundore	Scott Endy
Cael Kiner	10/23 Luke Royer
Mia Riesmeyer	Jane Wentz
10/15 Nancy Richey	10/24 Leo Miller
Maddisen Sweeney	10/25 Rory Rhoads
Connie Sutton	Kay Ohrin
Franklin Roth	10/27 Brendan Lill
10/16 Art Williams	Sue Lingenfelter
	10/29 Betty Olsen

ANNIVERSARIES

10/01 William & Deborah Cashman
10/07 Carol & Robert Freeman
10/12 Heather & Jordan McNeese
10/14 Shawn & Truc Anh Elliott
Jason & Rachelle Rhoads
10/15 Corky Short & Candy LaRue
10/17 Scott & Amanda Endy
Deena & Brian Trone
10/19 Dale Thorpe & Don Dupes
10/20 Jodean Biss & Wendy Hayden
10/21 Kay & Robert Ohrin
George & Betsy Bingaman
10/22 Charles & Natalie Miller
10/24 Fenton Fox & Rick Holtzapple
10/26 Sherri & Charlie Bergstresser
10/27 Jacob & Seryozha Kadel
10/30 Dennis & Bonnie Plymette



Gene and Martha Keith want to thank the many people from St. Paul's who gave us the beautiful anniversary cards on the 11th of September along with those sent to us in the mail. We also thank those who enclosed gift cards. The altar flowers given to us from worship were beautiful also. It was a surprise to be mentioned and sung to in church. Thank you, Shirley, for the delicious cupcakes you made for all of us. It was a wonderful way to be remembered on our 68th anniversary.

Thank you, St. Paul's congregation, for the lovely vase of chancel flowers I received yesterday. It was a very thoughtful and kind gesture. The new pacemaker has been

installed and I am reinvigorated for another promised 15 years: which, if both of us hold up, will bring us to a 100 Year Celebration!

Blessings, Herb Bomberger

SPRING TEAM UPDATE

St. Paul's has reached a new milestone with the advent of the bivalent booster. Effective immediately, those of us who are vaccinated or recently infected no longer need to mask. There are people for whom masking is still recommended: if you are immunocompromised, or sick or just want to please continue to wear a mask.

This change now allows us to serve and eat food in the church, and to sing in worship without masking.

Plans for the bazaar are too far down the track to change and will remain takeout only.

COVID is still with us. The SPRING committee will remain vigilant. We will update recommendations accordingly.

Get your boosters ASAP!

Events & Announcements

ADULT VOLUNTEER OPPORTUNITY

Youth group...it's not just for kids! Twice a month, our youth group gathers to spend time together, have fun, engage in service, and be themselves. This is your chance to help them out by serving as an adult chaperon. To volunteer, sign up on the sheet on the Youth bulletin board in the Common. Adult volunteers must have Safe Church clearances. To obtain clearances, or to check if your previous clearances are still valid, please contact Pastor Allyssa. Thank you for helping us create a safe, fun space for our youth!

HELP US GET READY FOR A BAZAAR TIME!

Last year over 30 people helped to set-up for the Bazaar, getting our rooms ready to host this wonderful fundraiser. This year, we hope everyone can stay after worship on October 2nd and join in this gratifying work. We will meet in Fellowship Hall and move tables and chairs to several different rooms in the church. We will also help to move donated items from the stage to the Flea Market area. With everyone's help, this should not take more than half an hour. Many hands make light work...please join us!

WORLD COMMUNION SUNDAY



The first Sunday of October is a time when Christians in every culture break bread and pour the cup to remember and affirm Christ as the Head of the Church. On that day, we remember that we are part of the

church universal. Whether shared in a grand cathedral, a mud hut, outside on a hilltop, in a meetinghouse, or in a storefront, Christians celebrate communion in as many ways as there are congregations. World Communion Sunday can be both a profound worship experience and a time for learning more about our wider community of faith. We invite you to join us for World Communion Sunday on October 2nd, at 10:30 AM worship, as we celebrate our connection as one whole body of Christ, united.

TRUNK OR TREAT

Instead of going door to door, kids can go "trunk to trunk" in this new Halloween tradition. Decorate

the trunk/tailgate of your vehicle and pass candy out to the kids who visit. Be as elaborate or as simple as you'd like. Costumes are encouraged for people of all ages. Trunk or Treat will take place in our upper parking lot on Sunday, October 30th. Set-up begins at 4:00 PM; the event will be held from 5:00-5:45 PM. If you'd like for your kids to participate, or if you'd like to host a vehicle, please sign up on our website. We'll have a wicked good time!



QUEER BIBLE STUDY

Don't let the 'Q' word scare you, Queer Bible Study is open to all people who wish to go deeper into scripture. You are invited to join us as we explore scripture in relation to sexuality and gender. We welcome older teenagers and adults of every gender and sexual orientation. We meet on select Tuesdays from 6:30-8:00 PM. Our upcoming meetings are Oct.

4, Oct. 25, and Nov. 1. For more information, contact Pastor Allyssa at allyssaboyer@outlook.com or call the church office. We would love for you to join us!

NURSERY HELPERS NEEDED



Jesus, holding a small child, said that the kingdom of God belongs to people such as children. He reminded us that whatever we do to the least of

these, we do to him. Help us care for children by serving in our nursery during worship. We need two unrelated adults to serve as nursery attendants each Sunday. Help us to fulfill our covenant by making childcare accessible to families during worship. Unsure if you can serve as a nursery helper? We can arrange for you to shadow a nursery attendant to see what it's like. To sign-up in the nursery, go to the sign-up page on our website. For more information, to arrange to shadow, or to apply for Safe Church clearances, please contact Pastor Allyssa.

NEIGHBORS IN NEED OFFERING

In 2022, the Neighbors in Need "BEHOLD!" offering focuses on an economic justice. With inflation impacting all our households, we wanted to provide a way to discuss this through a faith lens. Join us by promoting this year's NIN "Behold!" campaign at your church. As you may recall, one-third of the offering supports Council for American Indian Ministry (CAIM). Two-thirds are used by Justice and Witness Ministries to provide grants to UCC churches and organizations as well as supporting a variety of justice initiatives, advocacy efforts, and direct service projects.

NEW HOPE THANKSGIVING BASKETS

New Hope Ministries is seeking donations of traditional Thanksgiving meal items to fill baskets that will be distributed to needy families in our area. Suggested items include stuffing, gravy, cranberry sauce, vegetables, fruit, yams, pie ingredients, etc.

Donated items should be placed in the box in the hallway by Fellowship Hall no later than Sunday November 6th. Donated turkeys and other perishable items may be taken directly to New Hope at 5228 East Trindle Road, Mechanicsburg. Any questions please contact Karen or Kevin Allison.



UCC HOMES CHRISTMAS GIFT APPEAL

UCC Homes: To provide each resident of Thornwald and Sarah Todd Homes with a meaningful gift this coming Christmas, St. Paul's has been asked to consider donating a monetary donation or gift cards/certificates to be used towards purchasing desired gifts for the residents, making Christmas a little more special. Due to COVID-19 restrictions, we are asking you to consider making either a monetary donation (check made out to UCC Homes) or a donation of gift cards to any of the following retail outlets: Giant Food Stores, Michael's, CVS, Papa John's, WalMart, Amazon, Target, Dollar Tree, Apple/iTunes, or Visa/MasterCard. The church will plan for these to be delivered to the UCC Homes' communities at Sarah Todd and Thornwald Homes. Please mark your donations as either Sarah Todd, or Thornwald and have them into the church office by December 1st.



STEWARDSHIP



November 13 is Stewardship Sunday. In our continued efforts to be good environmental stewards of God's Earth, St. Paul's is planning to have many of the stewardship materials

available in On-line format this year (Time and Talent sheet, Letters from Reverend John and the Stewardship team, Financial Options letter). The 2023 Financial Pledge card will remain in paper format and all the online materials will also be available in paper format upon request. Thank you for your continued support of St. Paul's UCC. Through our actions and financial contributions to St. Paul's, we make a difference in our community. If you have questions or would like to be involved in the Stewardship Team, please contact Renee at the church office and she'll get the info to the Stewardship team.

(Stewardship speakers for October: Kathy Aumiller; 10/23, Rev. Anna Thompson; 10/30)

STEWARDSHIP AUCTION

It's time again for the Fall Stewardship Online Auction!! We're looking to fill the auction with your generous donations of themed baskets and other specialty items. Gift cards and consumable items are often the most popular. Donated items are a great way to highlight a favorite product or local business. Since winning baskets will be delivered around Nov 13, Thanksgiving, Christmas and winter themes are encouraged! Baskets are needed no later than Sunday, October 23rd. Please share the details of your donation or reach out to Melissa Cawley (melissacawley@aol.com or 717-691-8771) for theme suggestions. We can't wait to see what amazing creations you come up with!

WHAT IS IT LIKE TO HIKE THE APPALACHIAN TRAIL?



Come find out on Sunday October 23 after the worship service when our own Audrey Runkle will share her amazing hiking adventures with us around a fire pit where we can make s'mores and roast

hotdogs. Rain date is November 6.

GREEN TEAM TIP FOR SEPTEMBER/OCTOBER:

Reduce, Reuse, Recycle. You've probably heard this phrase as a way to remember to be environmentally conscious.



Let's talk about "Reduce": Reduce means to actively think about every purchase that you make. Consider the packaging on the item that you are buying.

Buying 1 large bag of chips has less packaging than buying a 24 pack of individually bagged chips, for example. Here is a list of questions that may help you consider how you might be able to Reduce the quantity of waste from your household:

- Could you find a previously used item (e.g. Community Aid, Facebook Marketplace, Salvation Army, or a consignment store)?
- Maybe you are already bringing your own shopping bags with you. If you go out to eat, could you remember to bring your own take-out container?
- Can you pack your lunches or snacks in reusable containers instead of in single use plastic bags?
- Can you shop local instead of ordering from the Internet? Buying local reduces shipping materials and uses less fuel per item since stores buy in bulk and get regular shipments.
- Can you choose to purchase items that are in 1 large container and then parcel it out into smaller reusable containers at home? For example, purchase 1 large container of yogurt and then portion it into smaller containers that you already have in your home. Maybe you can even find a re-use for the large yogurt container in the future.
- If you are a Starbucks or regular coffee purchaser at a coffee/convenience shop, do you use your own container? You can, and once you get in the habit of using your own container, it feels great to know that you are not tossing out a cup/lid/etc. every day.

NOVEMBER EPISTLE SUBMISSION DEADLINE:

Wednesday, October 19th. 2022



ST. PAUL'S ON A MISSION TEAM UPDATE

OUR TEAM'S 20TH YEAR!
WE'VE RAISED \$120,052.77!
ARE YOU GOING TO BE PART OF
ST. PAUL'S ON A MISSION TEAM?

We envision a future where our children no longer live with the threat of breast cancer and where everyone has a fair and just opportunity to prevent, find, treat, and survive this disease. By supporting the Making Strides movement, you help ensure the American Cancer Society can continue fighting for that same vision. Together, we can help fund the future of breast cancer research and programs for our loved ones today – and for the next generation.

Making Strides Against Breast Cancer Walk, Sat., October 15th, on City Island. It's hard to believe this is our 20th year participating in this event. It is a very easy 3 mile walk and a wonderful morning of fun and fellowship. Walk starts at 8:30 a.m.

St. Paul's on a Mission (SPOM) team is registered for the Making Strides Walk! **Join our team online:** secure.acsevents.org, click the SIGNUP button, search for St. Paul's on a Mission to join our team. ACS website makes it very easy to promote your personal fundraising. Start collecting donations today! Remember to ask friends and family to walk with us too!! To date there are only 5 team members signed up included your team captain!

SPOM Team Members will continue accepting donations before and after church services in the Common. Make your tax deductible check out to "American Cancer Society".

To donate online: secure.acsevents.org, click the DONATE button, search for St. Paul's on a Mission to make your donation.

SPOM Team Members will continue to sell Hope Cards thru October 9th to honor/remember a friend or loved one touched by breast cancer, before and after church services in the Common, \$2 each or 3 cards for \$5. The cards will be displayed on a wall in the common thru the month October, Breast Cancer Awareness Month.

SPOM Team Member Volunteers needed! Let Brenda Kern know which Sunday(s) you would be available to receive donations and sell Hope Cards in the Common.

SPOM Team Members set up carpools! Parking is limited on City Island. It's best to set up carpools. Your Team Captain will not be walking this year. Hopefully the team can coordinate a place to meet and walk together.

We are still in need of someone or a group of folks to step and and take over St. Paul's on a Mission!

I, Brenda Kern, became a Team Leader in 2003 for Making Strides Against Breast Cancer. Our team members came up with our team name "St. Paul's on a Mission." I personally wanted to raise money for this very worthy cause in honor of Beverly Peterson. I taught the Nurse Sunday School class with her for a few years here at St. Paul's. Breast cancer took her young life, leaving her 2 sons, husband and mother. The 1st walk SPOM took place in was dedicated to Beverly. Since this time our congregation has had quite a few members who are Breast Cancer Survivors, our SPOM warriors!!!! My hope and prayers were and are to raise monies to help find a cure for this horrid disease!

This will be my last year as St. Paul's on a Mission's Team Leader. I'm ready to pass my knowledge to another Team Leader. My sincere hope is that someone or a group of folks will want to take over this position. Please contact me (Brenda Kern) with any questions, bkern59@verizon.net or 717-512-9838 or Sherry Spencer sherryspencer@comcast.net.

MAKING STRIDES AGAINST BREAST CANCER WALK
SATURDAY, OCTOBER 15, 2022

